

## Facials

*All facials use 100% organic skincare products. See and feel the difference!*

**Custom Facial ::** A specific technical treatment with highly therapeutic restoring values yet with a level of detailed refinement and comfort. Personalized: For each individual skin kind. 60 min. / \$90

**Anti-aging ::** The ultra-firming treatment combines, vitamins & amino-acids to strengthen and tone the skin. Leaving your skin looking Younger and glowing. 60 min. / \$110

**Pure solution ::** A non-aggressive, yet very effective, balanced approach to clear acne and/or oily and congested skin. An intensive series is mandatory for advanced stages of acne to maximize results. 60 min. / \$90

**Deep Hydration ::** Instantly calms and soothes by neutralizing the skin moisture content. Recommended for skin suffering from dryness and/or dehydration. 60 min. / \$90

**Instant-Brightener ::** This facial leaves the skin visibly brighter. Face, neck, and décolleté benefit from a deep cleanse and exfoliation, followed by a specific mask. Ideal for bride to be, a night out, or for people on the go. 30 min. / \$60

**Youth Facial ::** A light cleansing facial that includes tips on appropriate skin cleansing and moisturizing techniques for the young person. 30 min. / \$60

**Glycolic or Salicylic Peel ::** Relaxing, revitalizing treatment that deeply exfoliates the dead or damaged surface layers skin, and unveils fresh, young, glowing beautiful skin. Series of treatments available upon consultation. 45 min. / \$95

**Desensitizer ::** A gentle facial for sensitive, fragile skin prone to redness and irritation. Soothing, desensitizing and nourishing. 50 min. / \$90

### ✦ Facial Add-on Services ✦

**Hand Facial ::** Cleansing, exfoliating and treatment mask followed by massage with 100% effective organic natural products, leaving your hands renewed and looking young. \$30

**Eye/Lip Treatment ::** The skin around the eyes and lips are so delicate and show premature signs of aging. With this treatment, we choose the products made specifically for the eyes and lips to soften fine lines/wrinkles and minimize puffiness. \$15

## Waxing Service

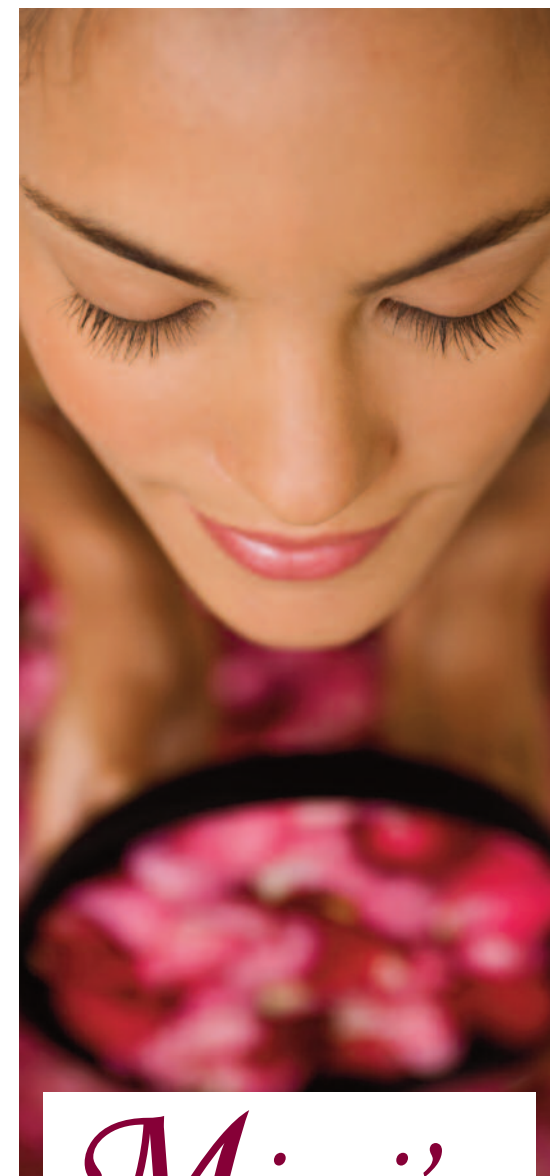
Recommend that hair growth measure  
¼ inch prior to waxing

- Eyebrow \$18
- Eyebrow (tweezing) recommended for accutane and retinol users and for very sensitive skin type. \$24
- Lip \$15
- Chin \$15
- Sides \$20
- Half upper leg includes feet and toes \$50
- Half lower leg includes feet and toes \$45
- Full leg-includes feet and toes \$80
- Feet and toes \$10
- Half Arm-includes hands and fingers \$35
- Full Arm-includes hands and fingers \$55
- Hands and fingers \$10
- Under Arm \$25
- Chest \$60
- Back \$60
- Traditional bikini \$65
- French bikini \$75
- Brazilian \$85
- Personal Image**
- Eyebrow Tint \$20
- Eyelash Tint \$25
- Eyebrow & Eyelash tint \$40



**Gentlemen's Facial ::** Specially created for men to provide attractive, good skin. Removes impurities using organic skin products, and leaves your skin healthy and maintained. 50 min. / \$85

**Back Facial ::** The back is an overlooked and under-cared part of the body. From vigorous workouts or through stress, your back can become rough, dry and blemished. This service is designed to smooth and soften the entire back. 45 min. / \$85



*Mimi's*  
Skincare & Massage

Pure relaxation. Pure indulgence.

*Featuring 100% organic skincare products.*

# Welcome!

I am so pleased to offer my clients a personal, professional, healing approach to skincare and massage therapies.



## You're in good hands ::

For five years I served as the Lead Esthetician at Spa Bella Casa before they closed.

I am one of few in Minnesota to hold the coveted CIDESCO diploma — an international accreditation in the skincare industry.



I'm also a Nationally Certified Massage Therapist, and serve as a part-time-on-call Esthetics Instructor at a local college.

I have been in this field for 15 years, and love my work. This is an ideal situation. I can offer my expertise and provide superior services in a boutique spa setting, giving my clients a place of respite and retreat from their day-to-day stresses.

In my passion to provide the best services and treatments, I've scoured the industry and found the finest pure organic products. I am pleased to offer my clients the benefits of Dr. Alkaitis, HobaCare, Veriditas Botanicals and La Bella Donna product lines. You'll see and feel the difference.

Come in and relax! I look forward to seeing you soon.



# Massage Therapy

*All massage services are performed with 100% organic hoba care.*

**Swedish Massage ::** Based on Swedish techniques this massage relaxes the body while improving circulation. Light to medium pressure. 60 min. / \$80 :: 90 min. / \$110

**Therapeutic Massage ::** Custom made for your body needs — a great choice to relieve tension and reduce muscle pain and soreness caused by life's stresses. 60 min. / \$80 :: 90 min. / \$110

**Aromatherapy ::** Choose from our luxurious selection of holistic massages. Therapists will ensure that you receive a personalized treatment to suit your individual and specific needs. Relaxing, Detoxifying or Energizing/Toning. 60 min. / \$90 :: 90 min. / \$120

**Aromatherapy combo with Volcanic hot stones ::** Aromatherapy oils are poured onto the center of the body and massaged into the skin using long stretching sweeping movements with the warmth of volcanic stones, for deep relaxation — a soothing and indulgent massage. 60 min. / \$95 :: 90 min. \$125

**Pre-and Post Natal Treatment ::** Very relaxing full body massage for the mother-to-be, or new mother on a special maternity massage pillow. 60 min. / \$80 :: 90 min. / \$110

**Reflexology ::** An ancient Chinese technique that is extremely relaxing and excellent at relieving stress. The application of pressure to reflex points on the feet and the hands restore the flow of energy throughout the body. 30 min. / \$45 :: 45 min. \$65

**Back, Shoulder and Neck ::** Concentrated on the back, shoulders and neck. Quickly relieves tension and improves circulation. 30 min. / \$45

**Scalp Massage ::** Just focused on the head. Recommended for tension, headache, or migraine. (Can be upgraded with Aromatherapy) 30 min. / \$45

**Chair Massage ::** Focuses on the neck shoulder and back. Excellent for someone on the run. (This massage is performed with your clothes on) 15 min. / \$20 :: 30 min. / \$35

**Full Body Wraps ::** Using 100% organic essential oils — you are cocooned and wrapped in a warm blanket on a heated table. Aromas will penetrate your body to do their job.

- Aroma body Relax wrap :: 50 min. / \$85
- Aroma body Detox wrap :: 50 min. / \$90 (Not recommended for pregnant women)
- Aroma body Energizing wrap :: 50 min. / \$85

**Hydrating Treatment ::** Long lasting treatment revives thirst-quenched skin. Revives the most dry and/or dehydrated skin. 50 min. / \$85

**Anti-Fatigue Leg Treatment ::** Essential oils relax the feet and lower legs before cool massage balm is applied to massage the leg and feet, helping with circulation and dispersing fluid. 30 min. / \$45

*\* Minnesota Sales Tax will apply on all massage services. All prices subject to change without notice.*

## Massage Add-on Services

**Exfoliating Skin Brushing ::** Can be added prior to your massage service. Removes dead skin cells and enhances circulation, softens skin, and supports lymphatic drainage. \$8



We carry the following products:

Dr. Alkaitis	Holistic Organic Skin Food
HobaCare	100% Pure Certified Organic Jojoba
Veriditas Botanicals	100% Pure Certified Organic Essential Oils
La Bella Donna	Highest Quality Mineral Makeup



## Mimi's Skincare & Massage

HealthSense Campus  
6140 Lake Linden Drive, Suite 130  
Shorewood, MN 55331

Call for an appointment at 952-474-3322, or book online at [www.MimiSkincare.com](http://www.MimiSkincare.com)

Hours: Monday - Saturday by appointment  
Sundays available when booking four or more services.

*Cancellations: As a courtesy to our other guests and therapists, please give us a 24-hour notice of cancellation. If less than a 24-hour notice is given for a cancellation, you will be charged 50% of the cost of the service.*